

WHO ARE SOUL-MURDERERS?

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Who are Soul-murderers?

Among all yogis, the greatest one is the Yogishwara. Those who have reached the state of Krishna, Buddha, Jesus, Mohammad or Guru Nanak are called Yogishwaras. One who practices meditation is called a Yogi and one who attains enlightenment and reaches the peak is called a Yogishwara. Every word spoken by such enlightened beings is ideal, worth contemplating (thinking) and meant to be practiced.

If we ignore the messages given by such beings, we are only at loss. Many people read their teachings, but just reading them without practicing brings no benefit. Therefore, what is said or read must first be understood; then, only it can be practiced and only through practice one can get the result.

One Yogishwara once said, **“Those who neglect their soul are ‘soul-murderers’ (‘atma-hanthakas’).”**

Let us know this in detail.

The words murder, suicide, and soul murderer may look similar, but there is a slight difference in their meanings. Let us know about them.

‘Murder’ means destroying another person’s body so that their soul can no longer stay in it. For example, by stabbing someone with a knife, shooting someone with a gun.

‘Suicide’ means when a person destroys their own body, making it impossible for their soul to stay in it. This is called ‘suicide’.

For example, if someone hangs themselves, jumps into fire, into a river from a bridge or falls under a train, the soul can no longer remain in that body, it leaves the body. A person who does such an act is said to have committed suicide.

But a soul-murderer is not someone who causes the soul to leave the body. A soul-murderer is one who, even throughout their life, never cares about the soul, one who does nothing for the soul, for the soul's benefits and neglects it completely.

Firstly, we must first know a few important things. Most importantly, "We are not bodies; we are souls." As souls, when we come down from the higher worlds to the earth, we come here with a design. The reason is, in those higher worlds, only the soul exists. For the soul to rise to even more higher worlds, to evolve further, one must do meditation and acquire wisdom. These two things must be achieved on earth. Therefore, while taking body on earth, the soul makes a design: "With this body, I shall meditate and acquire wisdom."

Like that, according to that design, when the soul comes to Earth, it enters the developing fetus in a mother's womb. Slowly, after nine months, it comes out of the womb meaning, takes birth. Like that, we remember the design until birth but later, we are influenced by the family, surroundings and society.

We then forget that "I am the soul."

Instead, we begin to think, "I am this body which is made in the mother's womb." We forget that I am the one who entered this body. Because the body is created by the mother but we, who reside within it, have come from the higher worlds.

The strange thing is that we completely forget whatever decisions, the work we decided to do that we made before coming here. We forget everything and get influenced by our surroundings. Whatever family we are born into, we think, "This is my family." Whatever caste we are born into, we think, "This is my caste."

Whatever religion we are born into, we think, “This is my religion.” The first seven to eight years, the influence of our parents will be very strong. We do what they say, live as they instruct and become what they shape us into. Later, we step into society.

In society, most people give the highest value to money. A person who has money is considered great and respected. The more wealth one has, the greater they are thought to be. On the other hand, a person without money is treated as worthless, like a speck of dust.

Therefore, people spend their entire lives chasing money believing that “the more money one earns, the more valuable one becomes.” Similarly, those who acquired wealth begin to value authority and positions. They think, “Whoever holds authority will have the respect and value.”

Some strive to obtain high positions becoming IAS or IPS officers or holding prestigious posts. Others try to gain fame whether in cinema, business like Mukesh Ambani or sports believing that reaching great heights in these fields will earn them respect.

They try to acquire such a state. When they attain that respect on earth, they rejoice thinking, “I am very fortunate.” But the strange truth is, no matter how great a person becomes on earth, no matter how many great deeds they perform or how much wealth they accumulate, once they leave the body, not a single thing comes along, we leave everything here only.

All the things people consider “great,” all those for which they spend their entire lives working hard, day and night are left after death. Only you, the soul, will go up. Like that, after death, everyone clearly knows that they are the soul. Normally, people listen when spiritual gurus say, “You are not the body; you are the

soul,” but they continue to live as if they are the body. The main reason for this is that they are knowing, but are not understanding it.

When does one understand this? Only after death, because what remains then is only the soul. At that moment, one knows, “I am the soul.” Not only that, they see that all the wealth and possessions that they spent their entire lives earning through hard work, day and night, must be left on earth. Then they feel deep sorrow: “Oh! All the effort of 70 or 80 years has gone to waste! No matter how much I earned or how many things I accumulated, I still had to leave everything!”, they feel deep sorrow. They regret painfully: “How much I have lost!”, but what can be done?

Everyone knows after death: “Oh! To earn all this, I committed so many mistakes, did so many sinful acts, deceived so many people, yet nothing came with me!” Not only that, they see that none of the people for whom they did all those have come with them. The strange part is, only the sins they committed come along.

Until then, they believed, “This body is me,” but then they will know, “That was not me, I am the soul.” Then they think, “Oh! How wonderful it would be if I had known this while I was on earth!” In this way, every soul goes through such contemplation after death.

Because, will one not know while having the body, it means while alive? It means only a few come to know it through the Sadhguru (true guru). The sadhguru teaches, “You are not the body, you are the soul.” Some may read this in books or hear it through spiritual discourses, but they live as if they are the body.

That's why I have been saying from the beginning, "Knowing is different, and practicing is different." Because one who just knows will only tell about it, but one who understands, puts into practice and benefits. Therefore, know that "It is not great to know; the one who practices is the great one."

Therefore, a Yogishwara said, "Those who, being souls, spend their whole lives working only for the body's benefit instead of the soul's growth, they are the '**soul-murderers**'."

Such a soul, though present within the body, is as good as absent, as if it does not exist at all!

The reason is this: Since the soul has entered the body, the body naturally has certain needs. These are essential necessities, the body cannot be on earth without fulfilling the necessities. Therefore, striving to meet those basic needs, earning for them, and working for them is a must.

Therefore, once those necessities are met, all the remaining time must be used for the soul, for the benefit, growth and upliftment of the soul. Such a person is one who has made proper use of birth. The strange thing is that because of attachment to money, people keep thinking, "The more I earn, the more I must earn." No matter how much they earn, they think, "I must earn more and more." Even after having enough, they keep earning more.

Because he says, "These are my children," he keeps earning more even after securing enough for them. When asked "Why?", he says, "For my grandchildren." In this way, no one ever sets a limit when it comes to wealth, they just keep on earning. For example, look at Mukesh Ambani, even though he possesses countless crores, he continues to accumulate more and more.

But understand one important thing: “When you are a soul, anything earned beyond your basic needs is a complete waste” because no matter how much one is told, they won’t understand it. But it is understood after leaving the body, that is, after death.

Because when you, the soul is departing to the higher worlds, it is clearly understood that I have to leave every bit of the crores I earned during my entire life on earth.

Then, he feels sorrow thinking, “How much of my life have I wasted! How much time I have lost! I have misused my energy, my speech, my intellect and my intelligence and all!” But no matter how much it regrets, there is no use. He also thinks, “I worked hard all my life to acquire things that couldn’t even come with me, the soul! I thought I was intelligent but is this my intelligence?” But what is the use of grieving?

The reason is, wealth benefits the body, while wisdom benefits the soul. But since humans live with the belief that they are the body, everyone is giving importance only to earning money and are chasing it. Not only that, people think, “The one who has money is great.” They give respect and importance only to the wealthy, while looking down upon and belittling those who don’t have wealth. Therefore, everyone prioritizes earning wealth by dedicating most of their time to it. Whether they do a job, run a business, do farming or follow any profession, it is all only for earning money.

Because money brings comfort to the body, enhances one’s status and earns respect in society. That is why humans value wealth above everything else. But even one does not know that they are the soul. This is strange in creation, it is an illusion of God!

Patriji said, “To come out of this illusion, one must take around 300 to 400 births.”

That is why the elders say, “Seek the guidance of a Sadhguru, know the Truth, and live in the Truth” because none other than a Sadhguru will tell you that you are the soul and what you need is wisdom. Therefore, to escape this illusion, to know the truth ‘I am the soul,’ and to acquire wisdom, one must inevitably take refuge in a sadhguru.

Otherwise, such a person will become the one who wasted their birth and, as the yogis said that person will become a soul-murderer.

What’s even more surprising is that, even after finding a sadhguru and knowing that “I am the soul,” some people remain unsatisfied no matter how much they earn when it comes to the wealth that benefits the body that they are not. But they are satisfied when it comes to the wisdom that benefits the soul. In the matters of meditation and acquiring wisdom, they get satisfied and stop midway thinking, “What more can be done than this?”

But the yogis say, **“One must be satisfied with wealth that doesn’t come along, but never get satisfied with wisdom that comes along.”**

I say one should be satisfied regarding wealth because when you are satisfied with what you have, you will earn righteously. You will lead your life using your earnings to your needs. Whatever profession you are in, you will earn righteously.

If you become a slave to desires and think, “What I have is not enough,” and start earning unrighteously, then instead of getting benefitted, you will face great loss and suffering. Therefore, be satisfied with what you have. Remember, “Whatever you possess at present is only according to the eligibility you earned in your past.” Without eligibility, where can you expect more from?

Actually, you did not come to this earth to earn money. You forget that you have come to earn wisdom after coming to earth. Seeing others, you began to think, “I also must earn money like them.” But you came to earn wisdom.

Therefore, be satisfied in the matter of money you have, but never be satisfied in the matter of wisdom.

All the wealth that is meant for you has already come to you according to your eligibility. If there is still anything due to come in the future, it will surely come at the right time, you need not strive for it, it is not required to earn unrighteously and against nature.

As a soul, you must acquire more and more wisdom and keep evolving. You should become great like Sri Krishna, Buddha and Patriji, and reach the higher worlds because wisdom is infinite and unlimited in this creation. No matter how much you acquire, you can acquire more and can become more great.

Patriji said, “No one possesses as much wisdom as Lord Shiva. He is greater than all the gods. Yet, even such a great being like Shiva is not satisfied with the wisdom he has, he is constantly meditating to acquire infinite wisdom. So, think, if Shiva himself meditates tirelessly for more wisdom, how much more effort should we make? How much must we strive? How much wisdom should we acquire?”

In fact, most people don’t even understand why Shiva meditates. You feel satisfied with just a little meditation! Without even acquiring much wisdom you think, “That’s enough!” Think about it, is Shiva unintelligent? Is he meditating for no reason? One can understand that the answer is, No!

In this infinite creation, the more one meditates, the more powerful they become; the more wisdom one gains, the greater they evolve. That's why, see, the 'Immortal beings' like Hanuman, Parashurama, Ashwatthama and Vibhishana are all still in meditative state on Earth. They have been evolving continuously through the ages.

Therefore, know this, there should be no satisfaction when it comes to meditation and wisdom because all of you are souls!

Coming to me, the great teachings I share every day, the messages of enlightened masters and the wisdom of yogis, all these come from my own experiences. About 22 years ago, I was introduced to Patriji. During our conversation, he said to me, "You are not the body." I lost my mind! so I asked, "What do you mean, sir? If I am not the body, then who am I?" He replied, "You are the soul." I was even more surprised because until then, I had never heard such words. So, I didn't believe it right away. Though he said it very simply, both statements, "I am not the body" and "I am the soul" were completely new and unimaginable to me.

But I am the kind of person who never listens to the words of great masters casually, I study them deeply. So later, to verify whether what Patriji said was true, I started reading several books, the Upanishads, the Bhagavad Gita, and some scriptures (puranas). I even listened to and read the teachings of various masters. Then I understood that what Patriji said was indeed the truth, that was when I understood, "I am the soul."

At that time, I was 53 years old. I had worked hard day and night and earned a lot of money, in fact, I had earned crores. Then I thought to myself, "Alright, I have earned so many crores, but do these crores benefit me, the soul in any way?" I understood

that none of this wealth would be of any use or benefit me, the soul. This understanding came only after repeatedly analyzing it. Not only that, I also understood that all the lands, buildings, shops, industries, gold and properties I had earned would have to be left on this earth after death.

Then I thought further, “I have worked so hard! I have earned so much money! But does that wealth benefit me, the soul in any way?” If I thought, I understood, “No, not at all!”

That’s when I was surprised to see that I had wasted my 53 years of life. Not just one or two years, a full 53 years of my life had gone to waste! I understood that during all those years, I had lived a life that brought no benefit to the soul, to me. I was in deep sorrow at how much I had lost in life.

But after understanding the message of the Yogishwaras, I understood that the 53 years I had lived are counted as the life of a “soul-murderer”.

Then I thought again, “If I, the soul, must benefit, “I must acquire wisdom.” I understood that only wisdom can benefit me. Moreover, I understood that only wisdom can make me great, only wisdom can burn away all my past karmas, only wisdom can elevate me to higher worlds, only wisdom can grant me liberation and only wisdom can lead me to my life’s destination, the Satyaloka.

I thought further, “Until now, I haven’t even gained a little wisdom! What should I do now? What exactly is wisdom? What should be done to acquire wisdom? Are there any other benefits that come from acquiring wisdom? Then how to know all these things?” These questions began to arise within me.

Then I also understood that no one except Patriji could explain me so clearly what a soul needs. He said, “To acquire wisdom that benefits the soul, one must do four things.”

1) Practice intense “observation of the breath meditation”, along with that follow a pure sattvic vegetarian diet. I understood that both must be followed very strictly.

2) Read books related to soul-knowledge, the ones written by yogis, sages and Yogishwaras who have known the Truth.

3) Listen to the teachings of those who can impart soul-knowledge. I also understood that listening to talks related to physical, mental benefits, no matter how many, is a waste. That’s why Sage Vasishtha called these three, “the three spiritual jewels.”

4) Patriji mentioned one more important point, to serve in this path of wisdom.

Then I again thought why did Patriji say, “One must serve in this path of wisdom.”

He explained one great subtle truth of creation, **“Whatever you share, that multiplies.”** It may be wealth, joy, peace, or wisdom, anything! Therefore I have known that since what I now seek is wisdom, if I want to improve my wisdom, I must share it. From that moment onwards, I began both acquiring knowledge and sharing the wisdom I gained. Ever since I started sharing my wisdom, it is gradually expanding more and more.

As Patriji said, when I kept sharing, it kept flowing through me continuously. I was amazed, I used to think, “What more do I even have to say?” But, it kept coming from within. That’s when I understood that what Patriji said was true. This law of nature applies to anyone.

Therefore, know this, “Whatever is shared, multiplies.” Whether it is wisdom, wealth or anything else! If you share it, it will surely increase. I understood that wisdom doesn’t improve just by reading, but also by sharing what we already have.

Then I thought, “Why should I waste the wealth given to me by nature?” So, I started using my resources only for the acquisition of wisdom. From that time onwards, I stopped spending on luxuries, comforts or entertainment. Even though my children have built buildings worth crores, we still live in our old house but all our needs are being fulfilled. Therefore to enhance wisdom, we started a three-day soul-knowledge training program in Bhimavaram.

Moreover, I closed all my businesses, resigned from my positions and sent my children away. In short, we completely withdrew from social engagements, weddings, functions or even funerals because we now dedicate all our time to acquire wisdom. We didn’t still feel satisfied with that because we thought, “Why should there be satisfaction when it comes to wisdom?” So, we began travelling from village to village spreading this wisdom.

Gradually, even visiting villages didn’t feel enough, we started travelling across districts, states and even countries. We are travelling as long as there is an opportunity. Why should we stay idle at home? Why take rest? That’s why we continue travelling tirelessly. I had already wasted 53 years of my life. Why should I waste the rest of it? My youthful years were already gone. At least now, in this stage of life, I must do as much as I can, travel as much as I can, acquire as much wisdom as possible. That is our goal.

When I used to run my rice mill business, if I ever stayed home even for a single day, I would feel anxious thinking, “What

is happening there? How much loss might occur? How can I sit here without going?" I would go to the mill the next day.

Now, the same restlessness I once had for money and business, I feel for wisdom. If ever I feel tired and sit at home, an inner voice, my soul's turmoil questions me, "Are you tired? Are you tired just because of this little effort? What will you gain by sitting idle?" Then I pack my bag and set out again. Me and my wife go wherever someone invites. Otherwise, we are only going by informing them that we are coming.

But the satisfaction we feel while went out never felt when we stayed at home, that can only be understood by the ones who experience it. I understood that anybody's soul undergoes turmoil, the more loss they experience! Likewise, the more joy you bring to the soul, the greater you evolve and you benefit that much. Therefore, just like us, you also examine the soul within, you need nothing more.

It must be known that if you feel even a little sorrow within, you must consider that your soul is undergoing turmoil, that is, you are causing loss to your soul. The turmoil of the soul is different from mental anguish. When I was doing business, what I felt was mental anguish; but after entering the spiritual path, what I experienced was the turmoil of the soul. When worldly loss occurs, the mind feels pain; when the soul suffers loss, the soul undergoes turmoil. Everyone should know this!

While walking in the soul path, nature provides us with many opportunities. But even when an opportunity arises, if we ignore it by listening to the suggestions of the mind, the soul loses its chance to reach a higher state, then the soul undergoes turmoil. However, if you do the deeds which benefit the soul, you will have

nature's support. Really, even though neither I nor my wife have the patience to travel this much, we are receiving help and support everywhere, in some form or another as long as we are travelling.

We are doing nothing! We are only sharing our wisdom. Just as you share your wealth, you also share your wisdom with as many as possible! This is what I have known by observing Patriji.

This is exactly what Patriji did!

Even when he was in a critical condition, he went all the way to Ladakh. At that time, I understood, "Till the last breath we must keep doing what we ought to do." Why should we feel satisfied? You have been given this body, make use of it! Why waste it on useless, meaningless activities? Why engage in activities that bring no benefit to the soul? How many more births will you take? How many more bodies will you change? By great fortune, in this life, we met Patriji who showed us the path, so we must make full use of it. Think about it!

Whenever I do this work, I constantly discuss these matters with my wife. She also was greatly inspired. She is also not resting either.

Therefore, **"Be satisfied in acquiring wealth, but never be satisfied in acquiring wisdom."** The main reason for this is, understand that this body is not you; you are the soul. Know that if you do not do what benefits the soul during your lifetime, you become a 'soul-murderer'. Never cause loss and turmoil to the soul.

Of course, human beings have needs, I don't deny that! Take care of all your necessities; there is nothing wrong in that. A person needs food, a house to live in, clothes to wear; a woman needs a man, and a man needs a woman as a companion. These

needs are natural. Earn righteously to fulfill them, I never say, “Do not earn.” Satisfy your worldly duties, but within your limits, without wasting the time, use it for the benefit of the soul.

Again! Over enthusiasm is not helpful in this either! Some people say, “I will quit my job and do only this.” But if you quit, what will you do then? Where will your food come from? Won’t you take care of your family? What about your spouse? What about your children? You must fulfill your family responsibilities while not wasting any opportunity given to you. That is what you must do!

Remember this, **“Without food, there can be no liberation; one attains liberation only if there is food.”**

Whenever you, by taking care of your food, spend your time and life to acquire wisdom without wasting, your next birth will be even more favorable. Never think, “I must attain liberation in this very life,” but keep trying, never waste time.

Do not spend your time, energy or speech on unnecessary things. Never forget that “we are all souls.” Keep reminding yourself again and again: “I am not the body, I am not the body; I am the soul, I am the soul.” You have come to this earth according to a design. If you live differently than the design, the soul within your body will cry out that you are not doing what you are meant to do.

Everything you need to know will be told to you by your soul itself. Therefore, if you ignore your soul, it is you who will be at loss; if you consider it, it is you who will be benefited. Each and everyone who observes this carefully will understand it. That is why I have such a huge respect for Patriji! Otherwise, who knows what I would have been or in what situations I would have been! It

was he who taught me about what the soul needs and what must be done to attain wisdom, he gave me everything!

On one occasion, my wife and I were with Patriji when he said, “Dear! What more can I say now? I have already told everything that needs to be told. There is nothing left with me.”

Because many people expect, “What else will Patriji say?” as if they had put into practice what he said earlier.

I was surprised! He had shared everything he had without holding anything back. Those words of his became an inspiration to me! I thought, “I also must not hold back anything! Whatever I have, I must share it with everyone.” In the beginning I used to think, “They will evolve higher, right?”

Later I understood, “How much can they really evolve? Even if they know, will they understand it? Will they put it into practice? Is wisdom that easy? And even if they do evolve, isn’t that a good thing? How joyful would nature be if one can help another person become like him?” Therefore, I decided, “Whatever I have, whatever arises from within me, I will share it with everyone.”

Therefore, you also should remember this: Never forget that you are a soul. Try to acquire wisdom for the benefit of your soul within your limits and never become a soul-murderer.

Spiritual sickness

Physical sickness means bodily illness, that is, when the body falls sick or suffers some problem, such people will be unable to do any work. They either get admitted in the hospital or remain bedridden at home! Because of the illness, they cannot do the work that they are capable of. In a way, they exist but it's as if they don't exist. After being sick for a few days, if someone sees them, they ask, "Hey, why haven't you been around all these days?" and the reply comes, "Nothing much, I was sick!" It means, they were physically unwell.

Similarly, spiritual sickness means when a person, who used to engage in soul-related activities, spiritual activities, works that benefit the soul, suddenly stops appearing for some days. Then everyone asks, "Hey! What happened? Why haven't you come all these days?" and they give some reason. Whatever the reason may be, it means there has been a gap in their spiritual practice. Such people are considered spiritually sick! This is what we call "spiritual sickness." When someone who regularly attends this three-day class suddenly stops coming, we ask them, "Why didn't you come?" That's spiritual sickness. If you are physically sick, your body becomes weak; but if one is spiritually sick, one loses the energy they have earned.

As one's energy improves, the quality of their actions improves; but as the energy declines, they will be unable to perform such actions. Why can't they? Because they have become spiritually sick! When one's energy is more, their intellect functions well,

they make good decisions, perform good deeds, engage in activities that benefit the soul. Such a person spiritually benefits as a soul.

But when the energy declines, they will be at loss in all ways.

When a person is spiritually healthy, the energy in them expands. Then their mind becomes pure, their quality transforms, their intellect blossoms, discernment (ability to judge) arises, and they will be capable of enquiring (analysing) everything. Even Ramana Maharshi and Adi Shankaracharya said, “Enquire”, right?

So, who can enquire? Those who have discernment. Whose discernment develops? Those whose intellect has blossomed. Whose intellect blossoms? Those whose mind is purified. Whose mind becomes pure? Those whose energy has improved.

Just as one becomes weak when physical health is disturbed, when spiritual health is disturbed, their energy also declines. That’s why I always say, “Don’t take a gap until you reach a certain level”, so that you don’t lose the energy you have acquired.

Now we conducted a special class called ‘Spiritual Research’. It is for your energy to improve. The more your energy is, the better your research. Then you won’t need to run to anyone else, you will discover everything yourself and even tell others. When I met Patriji in the beginning, I used to ask him many questions. He would answer some of them, but once he said to me, “Your condition has become like that of an octopus.”

“An octopus has many legs. It doesn’t know which one it’s lifting and which one it’s placing down. You are in a similar situation,” he said.

When I continued asking more questions, he told me, “Raise your level, and then everything will be known to you.” From then on, I stopped asking questions and focused more on listening to his messages, reading books and increased my meditation practice.

I had made a list saying, “I must ask him a few questions,” but within just six months, I found answers to all those questions by myself. I understood that when we improve our spiritual energy, the answers to our questions come from within.

Those who do spiritual research know answers to many questions. That’s why, in this path, if you skip the Bhimavaram class or miss the Zoom session, it’s just like being spiritually sick! Therefore, one must always remain spiritually healthy. When you come to Bhimavaram, your meditation grip strengthens and your intellect blossoms. When you join the Zoom sessions, your wisdom deepens. When both intellect and wisdom develop, you become a perfect human being.

We often scold children saying “Don’t you have any intelligence and wisdom?”, as if we ourselves have it! To have intelligence and wisdom, one must be spiritually healthy. Meaning, one’s qualities must transform. For any human, it usually takes 100 to 150 lifetimes to evolve from tamasic to rajasic quality and another 100 to 150 lifetimes to move from rajasic to sattvic quality.

But by attending the Bhimavaram classes regularly every month and joining Zoom sessions, through the energy and wisdom acquired, one can transform their qualities within a few months only. In the 12th principle of 18 guiding principles taught by Patriji, it is said: “Everyone should not remain just a meditator; they must evolve as a Master.”

A Master means not only one who acquires wisdom but also one who teaches that wisdom but not just someone who shares experiences! When you are spiritually healthy, you do everything in the proper way.

That’s why I have been saying from the beginning, “Knowing is different, and practicing is different.” Because one who just knows will only tell about it, but one who understands, puts into practice and benefits. Therefore, know that “It is not great to know; the one who practices is the great one.”

Therefore, know that those who, though being the soul, spend their entire life striving for the body’s benefit instead of the soul’s benefit are the real ‘soul-murderers.’

Think about soul's benefit

Even if one lives an entire lifetime without caring about the soul, without spending any time for the soul and without even trying to know about the soul, the yogis have called such people 'soul-murderers.'

Because all of us are souls. When we, as souls, come to earth, that is, before entering the mother's womb, we make certain decisions in the higher worlds. In those higher worlds, only the soul exists; there is no body. Therefore, it is the soul that takes all decisions!

In those higher worlds, there are no castes, religions or regions. When the soul is above, it does not think about the body. Therefore, the soul thinks only about itself, its own benefit, growth and evolution.

The soul doesn't know in which country, religion, caste or family it will be born or whether it will be born as a man or a woman. The kind of birth and the kind of body it takes are decided based on the karmas (actions) chosen by the soul.

Every decision the soul makes there is only for its growth and benefit. Thus, the soul comes to earth making such decisions and takes a suitable birth. But after taking birth, it forgets all of that.

Once born, it has a body and along with the body comes the mind. This mind covers the soul. As long as the mind covers the soul, it dominates the soul. The soul that once felt "I am" is hidden, and a new "I," the mind, emerges. From then on, everything happens according to the mind's wishes.

This mind came into existence only after entering this world. It knows nothing about the higher worlds. The mind is aware only about the things that belong to this world.

In the beginning, the mind is influenced by the parents. Whatever gets imprinted in a child's mind during childhood stays until death. If born into a certain family, the child thinks, "This family is mine." If born into a certain caste, they believe, "This caste is mine." But who teaches this? The parents. The child completely follows the mother.

She teaches, "We belong to this caste, we belong to this religion." If they are Hindus, from childhood she takes the child to the temple, shows the idol, and says, "This is our God. Whenever you face difficulties, fold your hands and pray to Him. He will remove your difficulties." If they are Christians, they take the child to church and say, "That Lord is God. Pray to Him whenever you face hardship." If they are Muslims, they take the child to the mosque. After such daily training, how can the child become anything different?

Strong opinions like "I belong to this religion, this caste, this family" are rooted within. Even when a guru like Patriji comes and says, "You are not the body, you are the soul," they don't really listen. When people who attend our class are questioned, "Who are you?" They say, "I am the soul," but after the class is over, they live as if they are the body.

They continue living as though "this world is like this only." Is this the real world? No, it is an illusory world! It appears to exist, but it doesn't exist. What doesn't exist seems to appear as though it exists. Whatever they have been fixed on as "I and mine"

from childhood, they never let go of it until death. Until this “I” and “mine” are given up, one will never know “I am the soul” and the sorrow never ends.

That’s why Patriji said, “Remove the ‘names’.” By ‘names’ he meant, remove the sense of “mine” and “ours.” People say, “My son, my daughter, my wife, my husband.” But who are they, really? Souls! These “names” exist only for those who believe “I am this body.” Until these names are dropped, one cannot attain the soul state. There will be “My property, my wealth,” and so on.

Why should we remove names? Because only when you remove them, you start living as the soul. Then you attain the soul state, only then you are liberated. Living in the soul-state means, whatever you do, whatever you speak, you must remain as a soul. You should always engage in actions that benefit the soul and always live as the soul. That is what it means to have given up all names!

Now, where do these “names” exist in this illusory world? The mind constantly says that it wants things which do not exist, “exist,” and desires them, saying, “I want that!” But it does not know about the soul that exists. What all mind desires are which doesn’t exist and which are non existing. What exists is the soul. The mind does not know about the soul.

The mind doesn’t know about the eternal soul. It only knows the non-eternal world. That is why Shankaracharya said, “To acquire wisdom, one must first have discrimination between the eternal and the non-eternal.” Everyone must first develop this discernment. As long as there is influence of the mind, people will keep chasing impermanent things and live in that illusion. When the influence of the mind weakens, one begins to know the eternal soul. That is exactly what we all are doing now.

Therefore, when we come down to earth from the higher worlds, we come with the intention of soul-growth and soul-benefit. But after coming here, we forget everything, we neither think about the soul nor do anything for the soul's benefit. We don't even care about it! Many people even ask, "Does the soul really exist?" Those who live their entire lives without ever caring about the soul are called "soul-murderers."

When people like Patriji come to earth, they will know, "This body is not me; I am the soul."

Knowing about the soul is what spirituality means! If you are knowing about the soul, it means you have entered the spiritual path! But the strange thing is, even after entering spirituality, many become spiritually sick. They meditate for a few days and then stop; even after knowing, they don't acquire wisdom.

If someone becomes physically sick, they get admitted to the hospital and can't do anything, that is called being physically sick. Similarly, there are also people who come into the spiritual path and then become spiritually sick. Such people are called "spiritually sick," it is called "spiritual sickness." They don't think about the soul benefit.

Do not become soul-murderers

We have been repeating the messages of the Yogishwaras many times. Those are not ordinary messages. They are deep, to be thought about and understood through inquiry (analysing). They are not meant to be heard casually or for passing time.

The most valuable moments in our lives are the ones we spend in these Zoom sessions.

Therefore, **we must not become soul-murderers.**

That means, one who lives an entire lifetime without caring for the soul, without doing anything related to the soul, without even knowing that “the soul exists,” no matter how many great deeds he does or how many achievements he attains on earth, such a person is called a ‘soul-murderer’, as said by the Yogishwaras.

In our lives, whatever we do for the soul are these very activities, attending the morning Zoom sessions and participating in a three-day Bhimavaram training camp. If we don’t do anything else for the soul beyond that, the rest of the time is wasted.

Those who see us doing these soul-oriented works may think, “They are wasting their time, doing useless things.” But what others do, those very things are useless works! They don’t know it while living, but they will know it after death.

Many people do various things, achieve many worldly successes and rejoice saying, “We have done great deeds!” Likewise, some earn crores, attain high positions, study greatly and become IAS or IPS officers. After achieving all that, they swell with pride and ego, thinking, “No one is greater than me! I am doing the greatest work!”

But the strange thing is, everything that they worked so hard to achieve or accumulate throughout their life, their wealth, possessions, positions or even the awards they earned, none of them are of any use and none of them will come along after death! Only the soul goes up. The body which they identified as “I,” is cremated. At that time, he loses his mind. Then he wonders in shock, “I became such a great person! I did so many great deeds! I was greater than thousands of people but why didn’t those crores come with me? Why didn’t those positions come? Why didn’t the awards or rewards come? Why did nothing come with me?!”

He feels deeply and wonders in shock, “Was everything I did and struggled for in this life all in vain?” He thinks, “So, wasn’t that body really me? But I rejoiced thinking that was me! I thought I enjoyed so many comforts! I believed that I lived a great life with my children and relatives but everything has been left there!” and he feels sorrowful.

After going up, he thinks, “What a fool I have been! I struggled day and night for things that don’t even come with me! I rejoiced thinking, “I had achieved so much!” I was proud that I was a great person! But now, not a single one of those things remain! What have I done that would benefit me, the soul? Did I do even one such thing?” He thinks but finds nothing that has benefited him, the soul.

The reason is that until then, he believed “the body is me.” But now he clearly knows, “I am not the body, everything I did for the body was meaningless! He understands that all the time I spent for the sake of the body was wasted!” He also thinks, “When

I was alive, if anyone sat in meditation with closed eyes, I used to say, ‘What is this? They are acting crazy! Instead of sitting with closed eyes, they could do some work!’ But now I understand, it was I who acted foolishly and wasted all my time!”

When some children sit for meditation, certain parents say, “How long will you sit with your eyes closed? You could study instead, right? You could get a good rank, a good job, and live comfortably, right?” They do not encourage meditation. If their children study well and get a good job, they feel that that’s great work.

But after leaving the body, one understands, “Oh! I used to criticize them! I thought they were wrong! I even thought they were crazy! That means what they were doing was actually right, and what I did was sheer foolishness!” He feels surprised and thinks, “How unintelligent I was! No one ever told me that I am the soul!”

If we tell someone, “You are not the body, my dear, you are the soul,” they respond, “I’m an IAS officer; what can you possibly tell me?” Some say, “I’m a doctor, I have done my specialization, what is there that I don’t know?” Others say, “I’m a great scholar; I give discourses to thousands, what can you teach me?” or “I’m a minister and you are just an ordinary person; what can you tell me?” All these crazy ones, after leaving their bodies and going up, think and understand, “Yes! They told the truth and I was the one who thought they were mad! But actually, the real fool was me!”

When someone doesn’t earn money, doesn’t enjoy worldly pleasures and lives a simple life people think, ‘Is that even a life? Is

there anyone more foolish than them?’ That’s exactly what others feel when they see us! What do our relatives and family members know about the work we are actually doing?

Recently, my grandson got married, and just for formality I had to go there a couple of times! When everyone was busy attending the function, I quietly went into a room. Luckily, I had my cell phone with me and there were many books I needed to correct. So, I sat there and did my work. To them, it looked like I was attending the function, but I was nicely continuing my work just as I do at home! Their work is theirs, and my work is mine!”

“Why should I waste two to three days just because there is a wedding? I should not waste my time! Whenever I feel a little bored while doing this work, I relax. Remember one thing, a soul realised person never wastes time on worldly matters. He does not waste his time. He does only soul-related activities and the works that benefit the soul.

Many of us, when there is a wedding in a relative’s house, even a distant relative, take leave for 15 days or even a month. If we ask, “Why didn’t you come?” They say, “Oh, my sister’s daughter’s wedding, sir... my elder brother’s son’s marriage, sir, that’s why I couldn’t come.” That means, we can consider that even though they have entered this path, they still haven’t understood how great work they are doing!

They will understand it if they listen repeatedly. By often listening to such messages, transformation definitely happens. Therefore, remember: Even by living an entire lifetime, if you

neglect the soul, do nothing for the soul and ignore the benefit of the soul, then you are definitely a ‘**soul-murderer**.’

Many won’t understand it now if even told! Most people say, “We are sitting for one hour in the morning and one hour in the evening, right?” But they don’t even think about whether they are sitting for the sake of the soul or for the body? That’s why I keep saying, “satsang (association of the wise) is a must.” Satsang means the association of those who can tell the Truth! Truth means the soul! The association of those who can tell about the soul, the soul’s benefit, the soul’s progress, the soul’s evolution, and the soul’s higher world attainment is satsang. Just chatting or passing time is not satsang!

Therefore, we should not become soul-murderers! Look, no matter how great an officer he is, how great the work he is doing may be, or even if he is a minister, if he happens to meet with an accident or breaks a leg or something else happens, he won’t be able to do any bodily activities for a month, two months or even three months. Such a person is said to be sick.

Similarly, if you skip meditation or wisdom programs under some excuse like a wedding, a family function or some event, then you become spiritually sick! Many people do this! They stop for a month or two, and then rejoin much later. Some return after fifteen days, some after three months, and some even after six months!

Some people stay in the hospital for a week, some for a month and some for six months. A person who always stays healthy and is able to do all his work is said to have “perfect healthy person.”

Likewise, the one who always engages in activities that benefit the soul without ever missing them is called “spiritually healthy person.” If a person who is spiritually healthy takes a break, he is said to have become “spiritually sick.” You must grasp what state you are in.

Some people think, “I have been attending the morning Zoom sessions for so many years, what is the point of continuing? What else is there?” Foolish person! He never thinks, “After attending for so many years, have I at least acquired a little wisdom? or he is sharing so many things, have I put any of them into practice?” That is also not there!

He says, “Why should I keep attending? I have been doing this for years; that’s enough!” As if he has already become a Buddha, a Vivekananda or a Shankaracharya! Therefore, don’t become spiritually sick and never become a soul-murderer.

Who is a Yogishwar?

A Yogishwar is not an ordinary person but one who has risen to a very exalted state. Such an elevated being was referred to by Lord Krishna as a scholar (pandit). A scholar means one who is matured in wisdom, the greatest among humans, one who knows everything and who has command over all wisdom. Such a person is called a Yogishwar. Lord Krishna mentioned Yogishwar as a scholar.

Once, near Vizag in the Araku region, my wife and I went trekking with Patriji. At one point, I happened to be walking alone with him. During that moment, I said to Patriji, “I think you are a great yogi!”

Then he corrected me, saying, “I am not a yogi, my dear, I am a Yogishwar.” Until then, I thought, “A yogi is the greatest one.” But after hearing that from Patriji, I understood that among all yogis, the greatest one is Yogishwar. That’s when I understood his level.

Usually, enlightened ones never boast (show off) about themselves, but Patriji said that only to explain that my opinion is not right. Then, my respect for him grew even more and I started paying more attention towards his teachings.

That one word brought a powerful transformation within me. It deepened my devotion towards him and intensified my meditation practice while reducing my interest in worldly matters. Just that one word brought so many changes in me.

All these greatly help in spiritual growth. That’s why we keep sharing the messages of the Yogishwars. So, we must know how great Yogishwar is! Let it be Vasishta, Vyasa, Buddha, Krishna,

or Patriji. Only those who have a little wisdom can understand their greatness.

Those who lack wisdom see only faults. When one looks for faults, even a Yogishwar appears as an ordinary person. But if their greatness is understood, we understand how highly evolved they are and the great state they are in. A Yogishwar is one who possesses infinite wisdom and intelligence. Their wisdom is unlimited, it continuously flows from within.

No matter how much they share, new insights keep emerging! Always from new angles! That is what “infinite wisdom” means. Whatever word they take, it becomes a subject. That’s why, whenever I would be with Patriji, I always kept a notebook and a pen in my pocket! Wherever and whenever a new point came from him, I would immediately note it down.

I now have more than a hundred such notebooks. When I wrote books, I went through all those notebooks again and collected all the key points. The books I have written have many topics in them.

He used to explain things in a simple way. I would take one or two points from what he said and turn them into a topic! Taking a single point he gave, I would add examples, analogies and explanations. That only would become a topic. That’s why the topics in my books don’t exceed two or three pages.

One must know that whatever you do, no matter how much you do, earn or accumulate, when you leave this body, you must leave everything! But the wisdom you have acquired will come along with you.

Whether you call him a Yogishwara as Patriji said, or a scholar as Krishna said, or a best person as Buddha said, all are the same.

Vyasa Bhagwan

We must understand that “all the divine beings, starting from Brahma, experience bliss from that very ocean of supreme consciousness, Parabrahman (Almighty), each according to their eligibility.”

From this, we must understand certain things. When it is said “all divine beings starting from Brahma,” it means that all these gods and goddesses experience bliss from that ocean-like Parabrahman (Almighty), each in proportion to their eligibility.

The nature of Parabrahman (Almighty) is an infinite ocean of bliss. What we should grasp here is that Parabrahman is far greater than even Brahma and all the other deities. This is the message conveyed in the Upanishads.

Naturally, the opinion of humans is that “the gods and goddesses are great.” However, the powers they possess, the wisdom they hold and the bliss they experience, all come from Parabrahman (Almighty), in accordance with their eligibility. From this, we can know how great Parabrahman (Almighty) is!

He is called Satchidananda Swaroopa (the embodiment of truth, consciousness, and bliss), the Creator, the Universal Soul, the Supreme Soul, and Parabrahman (Almighty). He is called by many such names. He is the one who created the creation, foundation of the creation and the one who governs it, he is that great. There is nothing that He does not have! Like that, whatever measure of bliss one attains, the bliss that one experiences comes directly from Parabrahman itself!

Patriji clearly told us that “the soul itself is Parabrahman.” We must also know that “the soul present in all living beings is that

very Parabrahman.” That means the soul within each of us is the Supreme Being Himself, the ocean of bliss.

Such immense bliss exists within every human body. While carrying all that bliss within, people keep suffering, worrying, crying, and suffer with restlessness constantly wondering, “Why is this life?” How strange!

Even though the bliss they seek already exists within their body boundlessly and infinitely, they are unable to experience it and instead feel only sorrow. The Upanishads say, “Each one experiences according to their eligibility.” That means, one may have more and another may have less. Just as there is no shortage of water in the ocean, how can there ever be a shortage of bliss near the Supreme Being (Parabrahman)?

The amount of water you bring from the ocean depends on the vessel you carry. If you take a glass, you will get a glassful of water; if you take a bucket, you will get a bucketful; if you take a drum, you will get a drumful; and if you take a tanker, you can fill the whole tanker with ocean water. It all depends on the vessel you carry. No matter how much you take, the ocean never diminishes, you can take as much as you want.

How can we experience that immense bliss present within our body? The path to attain that bliss is the method given to us by Patriji, “observation of the breath meditation.” Those who practice this meditation first, all their thoughts are stopped; the restless mind becomes still.

As they continue the practice more intensely, that still mind becomes pure meaning, it gets cleansed meaning, it becomes good.

If you continue your meditation further, the purified mind gradually becomes void. As the mind turns void, bliss begins to flow to you from the ocean of bliss, you start experiencing bliss. The more your mind becomes void, the more bliss you can receive and experience.

Here, one's eligibility depends on their practice. Some may meditate more, some less. Those who practice more receive greater bliss; those who do less receive less. Everyone experiences bliss according to the eligibility earned by their effort.

Therefore, life is not meant for sorrow or suffering, it is meant to experience the bliss that already exists within the ocean of bliss inside the body. Therefore, one must try to experience that bliss.

That is why many Balayogis continue their intense meditation for years absorbed in that bliss, unable to come out of it. Ordinary people think they are "mad," but the ones who call them mad are the real mad ones! Where can they find the bliss that these yogis experience? Those people live in sorrow and call them insane! They are experiencing endless suffering for a short-lived happiness that is in this world.

They do not know what actual bliss is! In our recent three-day class some of us sat in meditation throughout the night. How could they sit for so long? Because they are experiencing bliss!

How could they sit if there was only sorrow without bliss? Those who haven't reached that state, who haven't tasted that bliss, open their eyes during meditation and leave saying, "I can't do it!"

But for those who have reached that state and are experiencing bliss, even hours pass like minutes. If they are asked

to sit again the next day, they gladly did sit. Now, many people are ready to sit.

Also, no matter how much bliss one draws from the Supreme Consciousness (Parabrahman), it never diminishes. That is why some beings are called ‘the immortals’ (chiranjivis). It means they have remained in their bodies not just for hundreds, but for thousands of years. However, they do not wander about in their physical form; they stay absorbed in that state. They are so immersed in the ocean of bliss that they don’t know how many thousands of years have passed.

Look at Lord Hanuman or beings like Mahavatar Babaji, such ones are living as Chiranjivis. Likewise, Lord Shiva always remains in a meditative state, constantly absorbing that infinite wisdom and infinite bliss. We also have entered this wonderful path. Understand this and intensify your meditation practice. But, if you live with your eyes open, it’s all sorrow!

Therefore, know that “not only closing the eyes but also closing the mind” is being in the ocean of bliss. The process of closing the mind is precisely what Patriji taught as “observation of the breath meditation.”

All those who come to Bhimavaram are doing that only! That’s why I often say, “Unless one has crossed at least 350 births, one cannot show such deep interest.” Also, not everyone can come every month or sit for long hours. But as long as you remain in the worldly state, there will always be restlessness, sorrow, problems, sufferings, and difficulties. But, when one stays in the meditative state, one experiences a bliss that one never experienced.

Human beings can only obtain happiness from the things of this world, but not bliss! Bliss can be attained only from the

Supreme Consciousness, Parabrahman. That eligibility comes according to one's practice and the intensity of that practice.

I observed Patriji and wondered, "How did he become such a great being? Why did he gain such immense recognition? Why are so many drawn to him?" Then I understood, "It is because he taught the path of experiencing bliss to the entire world."

We often mention comfort, happiness, and bliss. That means, what we get from the body is comfort, what we get from the mind is happiness and what we get from the soul is bliss.

Whoever teaches like that becomes great! And I thought, "If I also share this wisdom, why can't I also become great?" I hold that only!

See, from ancient times, in many temples we find sculptures depicting sexual union. People often wonder, "Why are such images carved on sacred temples?"

"Why place them on holy walls?" Many question this, but there is a deep inner meaning in it. A human being after working hard from morning to night in his life, experiences a moment of bliss during union with their partner. That bliss is not ordinary! It has an indescribable meaning, beyond words, an experience of supreme bliss that is impossible to explain.

That's why a husband cannot leave his wife, and a wife cannot leave her husband. Even if they quarrel, they come back together again. Why? To experience that bliss! The strange thing is, that bliss lasts only for a few moments, but for the sake of those few moments of bliss, they work hard for each other the entire day. All their effort, all their struggle, is only to experience that

brief moment of sensual bliss! That's how powerful and intense that bliss is!

Osho said, "The bliss you experience for a moment during sexual union, that very same bliss becomes eternal when you attain the Supreme, the Soul (Almighty)." Humans, not knowing this matter, keep trying for sexual pleasure, but they are not trying to attain God.

Because the one who attains the Soul that is, God says, "I need nothing else in this world." That bliss is like an ocean, infinite. The same bliss exists within everyone's body. If anyone wishes to experience that bliss, they must turn inward. No amount of physical pleasures and enjoyments can ever equal it.

That's why Osho said, "Don't stop at external physical union! Go within and try to attain God!" That is the very reason those erotic (sexually aroused) sculptures were carved on temple walls.

Their purpose was to convey a message to those visiting the temple, "Don't stop by just looking at the sculptures; go within and behold God!" That is the message behind those erotic carvings. That's why the elders of ancient times placed such sculptures on temple walls.

It is stated in the Upanishads that not only humans, saints, yogis, and sages, but even Brahma and all other deities, each according to their own eligibility, experience the bliss that flows from the Supreme Being, the ocean of bliss, in varying degrees. Those who understand this set aside everything else and give utmost importance to attaining God.

Patriji became such a great being because he taught this path of bliss to the world. I have known the same truth and I am also teaching it. My aspiration is to share this with as many people as possible, to the best of my ability and as far as opportunities allow.

Whoever does this becomes a great person. There is no greater service and no greater path than this. That's why you will see that these guiding, and music meditation will gradually fade away! In the end, only "observation of the breath meditation" will remain. Even if you do guiding or music meditation you can only attain from the mind.

What is there in the mind? Only restlessness. But where is the ocean of bliss? Bliss resides with the soul. To experience it, one must go beyond the mind. It means, close the mind! And that is possible only through 'observation of the breath!' When we observe the breath, we experience that bliss. Once you taste it, you will never want to leave meditation. If you simply close your eyes and remain at the level of the mind, after a few days you won't be able to meditate. But if you observe the breath, reach that state and experience that blissful state, you will say, "I don't need anything else in this world."

“Vasishta”

“Yadhayati tadhayati, yadgacchati tadgacchati”

The meaning of this is, “What comes, comes; what goes, goes.”

Vasishta did not speak only about what comes, but also about what goes. Here, Sage Vasishta was one who knows all creation, its principles, laws, rules and everything. This message was given based on his experiential wisdom.

He said, **“What comes, comes; what goes, goes.”**

Remember this, why do you yearn about what is coming? Why all this struggle that “I must earn that, I must accumulate this, I must build this, he has it but I don’t have”? So what if he has it? Is it written anywhere that what he has that must be there with you also? Even if you work day and night, will it really come to you? Where will it come from?

“If you had the eligibility, you would have been born as the son or daughter of a millionaire. Why were you born the way you are born?” You must know that! You may ask me, “Then what should I do now?” Do what you must do! First, know who you are! Know what your goal is! Know what your destination is! And try to achieve them!

If something is meant to come to you, it will come at the right time, in the right way. You don’t need to ask for it, desire it, try for it, work hard for it or struggle for it. It will automatically come when it’s time. So why do you worry?

Is it something ordinary when Sage Vasishta himself said it? If something is not meant to come to you, it won't come, no matter how much you try and struggle for it. Therefore, you should not worry about what is meant to come.

Why waste your time, your life, your energy, your cleverness, your intelligence for that? Why yearn saying, "It must come"? If it is destined to come, it will surely come, even if you don't yearn for it, don't work hard for it or don't make any effort, it will reach you in some way or another.

Didn't Sage Vasishta clearly say, "Yadhayati Tadhayati," it means, "What is meant to come will come."

Then why worry about what is coming? And if what you expected doesn't come, why do you feel sorrow and restless? Why did all this happen? You don't have the eligibility for it. How can it come? In the end, all you get is suffering, what you desire will not come! Tell me, how much profound meaning lies in that one statement of Sage Vasishta?!

When you read this sentence, you may take it casually, but it holds so much meaning. Within this one statement lies the very law of creation. Tell me, where does life lie in your hands? Everything happens according to the decisions of creation itself. Think about it, countless intellectuals and super-intellectuals have already departed from earth.

How long will you also stay? Staying means being on this earth only as long as all your senses function powerfully. When your senses begin to lose their strength, it means, you are considered to be departed even if you are on this earth!

Remember, don't think that you are permanent on earth and you will do something.

Human life is not an ordinary life. One has to take care of food and livelihood, look after the family, follow certain rules of society, know who they are and know what their goal in life is. So many kinds of efforts have to be made. While dealing with worldly responsibilities, one must achieve their goal. None of this is easy. You think, "There is plenty of time," but where is that time?

When I look back at my life, it's been over 22 years since I was introduced to Patriji. When I think about it, I'm amazed, "Has it really been 22 years already?" When I first met Patriji, our grandchildren were still in our arms. Now, those very grandchildren have their own kids in their arms. When I think about it, it feels so strange, the ones who were once in our arms now have children of their own.

In my life, I have seen so much change, it is surprising that our grandchildren have had children of their own; meaning, they are our great grandchildren! Such a transformation! So many generations have passed within my own life. Therefore, every one must depart! Then why all this yearning? Whatever you think "must come" will not remain forever. So why desire things that are not meant to last?

Well, if something is meant to stay, then go ahead, desire it, worry about it, work hard for it, spend your life on it. What is this yearning? That's why Sage Vasishta said, "What is to come, will come." Then why to think about that? There are countless attractive things in this world.

Why do you bother about them? Focus on what you have to do, on what you have to accomplish, on what you have to acquire. Think about “Who am I? What is it that I want?”

Sage Vasishtha also said, “Yad gacchati tad gacchati,” meaning “What goes, goes.” How beautifully he said, “What comes, comes; what goes, goes.”

Patriji said, “If it comes, let it come; if it stays, let it stay; if it goes, let it go.” What Vasishtha said and what Patriji said are almost the same! **“If it comes, let it come; if it stays, let it stay; if it goes, let it go.”**

You don’t know the reason why something has come, neither you know the reason why it remains, nor do you know why it is gone. Then why should you know all this? To always live happily and joyfully! Therefore, know that you are not living just to earn money.

What did Sadananda Yogi say?

He said, “Do not desire and try to attain anything; if something comes on its own, do not reject it. When it comes, do not rejoice saying ‘it has come,’ and when it goes, do not grieve saying ‘it has gone.’”

Sage Vashishta also taught the same!

Therefore, one should neither desire for something to come nor grieve for something that goes away. Because, as Patriji said, “There is no benefit in desiring,” and he explained three reasons why “what you desire will not come” in life.

1. Patriji said, **“In the early stages of one’s birth, even if one desires, one won’t get it, it comes only according to their eligibility.”** If your eligibility comes in youth, then things will come to you in youth. Before that, you might not even have enough to eat. But once eligibility comes, there will be no shortage of anything! Here, many people believe that eligibility is earned only through deeds of past lives. But know that you have the opportunity to earn that eligibility even in this very life.

Many people don’t understand this. I have seen it myself. There was a man named Ramana in Macharla, East Godavari. Around 2004-2005, there were hardly any meditators in Mandapeta. At that time, I stayed at Ramana’s house and thought, “I will travel around for a week.”

But he had nothing in his house. In just one room, he spread a blanket on the floor and said, “Sleep here.” What could I do? I said, “Alright,” and stayed there for four to five days.

There was nothing else in the house! That was his situation. The strange thing is, he organised two to three classes every day. Altogether, I gave 24 classes in different villages.

But he continued his spreading meditation continuously. He kept doing it whether he ate or not, whether he had anything or not. After about four years, for some reason, he went to Hyderabad. There, he rented a small place and started a small clothing store.

Later, I came to know that the clothing business started doing very well for him. The stock increased, he earned a lot, expanded his store, and even reached the stage where he could maintain a salesman. I was surprised, thinking, “How was he before, and what has he become now?!”

Once, he went to Surat and bought clothes with 4 to 5 lakhs cash. I was astonished, “Oh! How much has he earned?!” He got his son educated in engineering, gave his daughter a good education and furnished his house. Seeing all that, I wondered, “How was he earlier, and what has he turned into now?” Then I understood that it was his dedicated service that earned him that eligibility and lifted him to that level.

That’s when I understood that one’s financial situation can be changed even by earning eligibility in this very lifetime.

I was introduced to Patriji in November 2002. Around that time, my business began to take some hits. I had never known what a loss was, but then I started facing losses. I wondered, “What’s happening? How did things turn out like this?”

During that period, for some unknown reason, I felt deeply drawn to Patriji. I really liked the wisdom he shared. That’s when

I gave up my business and started travelling for these programs.

Ten years passed like that. There was no visible change in my life; I struggled a lot. Outwardly, I looked normal, but I went through much hardship. I started a three-day class and conducted it without caring about anything. Like that I served so much in this path. By 2013, there was an increase in my eligibility and along with it, my financial condition also improved again.

Still, I never stopped spreading the meditation. I even used to write books and continued giving classes by going from village to village. The result of all that service began to show in 2013. Before that, no matter what I tried, nothing seemed to work out. But then, all of a sudden, everything started falling into place.

Even without doing any business, I was able to construct buildings, and I started receiving rent from them. With that rent, I built more, and the rents kept increasing. In this way, I constructed several buildings. But, I never stopped spreading meditation. Then I got to know the reason, “It was the result of ten years of service that changed my situation.”

That means, I received only what I was eligible for, according to my past. But that was not my design. Therefore, what I wanted is not that, that’s why I got that hit. Then, **what I wanted didn’t come instead, what I needed came.** What I needed wasn’t money, but wisdom. That’s why I came into the path of wisdom.

That’s why I met Patriji. My wife also entered this path and greatly supported me.

In the same way, Srikanth, even though he had nothing, earned eligibility through his work. There was a time when he

didn't even have food to eat, he would go wherever meals were being served and eat there.

That was how poor his condition was. When he was asked to spread meditation because it's the greatest service! He started doing it. The result of that service greatly improved his financial situation. He did not have proper financial condition even during his marriage, but the fruits of his service never went in vain. His financial situation changed remarkably.

Similarly, Madhu also came to Hyderabad with just a few clothes, not even a single paisa in his pocket. Yet, through the service he did in this path, he came into stability.

You will be surprised, I understood that the change in their lives happened only because of the fruits of their service. I have seen many such people. That's why it is said, **"If you keep doing what you are meant to do, whatever has to come will surely come."** That is what we must learn. But even if you desire, hope, struggle, or yearn for something without doing anything, nothing will come. Therefore, if you earn the eligibility, it will definitely come.

Likewise, what is meant to go will also go. Many people earn a lot, but what they earn eventually goes and they feel deeply sorrowful. They don't even think, "It came and now it's gone," they just grieve. It has gone because it has to go. Why do you think about it? There is always a reason for something to come and a reason for something to go. Only Nature, which governs everything, knows it.

Therefore, Sadananda yogi said that only! “Do not rejoice saying ‘it has come,’ and do not grieve saying ‘it has gone.’”

I also observed Patriji. Whatever anyone gave him, he would spend it all for spiritual activities, that was his greatness! Many people used to give him clothes, and he would again distribute them to someone or the other. If someone brought him a packet of sweets, he would distribute it right there. Now, we are learning the same. That’s why, not only wealth, but even wisdom, when shared, keeps coming. Hence, I say, “Keep giving.”

Therefore, don’t waste your time, and don’t use it just for enjoyment. Use all your powers - your power to speak, to see, to hear, to work for giving this wonderful wisdom to others. There is nothing greater than wisdom! Right now, all of you are doing that work. We have organized a “Spiritual Research Workshop” to help you gain even more mastery in expressing it.

This isn’t just about giving routine talks! You must enhance your skill, not just read from books, but explain the meaning of every word clearly with examples and analogies that make it understandable. My wish is that all of you become good masters.

Prophet Muhammad

“Our wealth of wisdom is being stolen by two thieves - the thief called ‘food’ in the daytime and the thief called ‘sleep’ in the night time.”

There are two kinds of wealth: 1. Worldly (Material) wealth and 2. Spiritual wealth.

Worldly wealth gives pleasures and comforts, whereas spiritual wealth that is, the wealth of wisdom removes sorrow and ensures that sorrow never arises.

With worldly wealth, one can wear fine clothes, decorate beautifully, buy cars, install air conditioners and enjoy various comforts. That’s why a human being desires worldly wealth.

But no matter how much money or comfort one has, a human being should not have sorrow, that is, should not have problems and difficulties. That is only true life. If there are health problems, financial troubles, conflicts between husband and wife, problems in family, disputes with neighbors, or difficulties in old age, life becomes miserable.

So, if one wishes to live without sorrow, one must gain the wealth of wisdom. That is exactly what all of us are doing now. Around 300 to 350 people have been waking up at 4 am and joining the Zoom sessions. The reason so many are participating every day is to acquire the wealth of wisdom! Remember, in this world, the one who possesses wealth of wisdom is great. No one else receives the same respect and honor like that person. That’s why, look at how everyone loves and respects Patriji so much! wherever he went, people welcomed him with great reverence.

Outwardly, he looks just like everyone else, but why does everyone respect him so much? It is because he possesses immense wealth of wisdom. That same wealth of wisdom is what all of us are now acquiring. Those who possess this wealth of wisdom are respected and well-received wherever they go, even if they don't have worldly wealth. In any town or place they visit, people ensure they lack nothing.

But no matter how much worldly wealth one has, even if it's in crores, no one cares. Wherever such a person goes, he must arrange his own food and accommodation.

However, when a wisdom-rich person like Patriji visits, people offer him accommodation and make all the necessary arrangements. The reason for that is the wealth of wisdom he has. Remember, wealth of wisdom is that great!

Prophet Muhammad said, "Just as there are thieves who steal ordinary wealth, there are also two thieves who steal the wealth of wisdom. If humans are careless, these two thieves will steal their wealth of wisdom."

You may earn a lot of money and fill your pockets, but some thief might steal it. Pickpockets are always waiting for their chance. In the same way, there are two thieves who steal our wealth of wisdom: 1) The thief called 'food' during the day time and 2) The thief called 'sleep' at night time. Look, we have all come into such a great path. Whenever we get the opportunity, we sit and meditate. Why? Because we are striving for wisdom. In the three-

day class at Bhimavaram, some are even meditating for 8 to 10 hours a day.

Now they are doing even more. Likewise, from 4 am to 6.30 am, everyone is compulsorily joining Zoom. But what this thief called food does is, when you eat too much, the moment you sit for meditation, you immediately fall asleep.

You say, “Let’s do it tomorrow!” and go to sleep. The strange thing is, the more one eats, the less one practices. That’s why yogis say, “Eat moderately.” They advise, “Divide your stomach into three parts, fill two parts with food and leave one part empty.” That is what is called ‘moderate eating’.

Such people don’t feel sleepy during meditation, their body cooperates, they stay active, can sit for long hours and acquire wisdom. But this thief called ‘food’ it means if the food is tasty, they eat more; if there are varieties, they eat even more. Such people end up falling asleep during meditation and fail to acquire wisdom that they are meant to acquire. Therefore, we must be a little careful not to let this “food thief” steal our wealth of wisdom.

The second thief comes at night, the thief called sleep. Many people cannot wake up until daylight. But our meditators in the morning Zoom are joining as early as 4 am. Yet, there are still hundreds and thousands of people who want to join, who want to acquire wisdom, who want to become great and want to come out of problems.

But the wisdom they are about to gain is being stolen by the night thief. This night thief is preventing them from acquiring

wisdom because when invited to join the Zoom sessions in many villages, they say, “We’re unable to wake up, sir.”

If that thief called ‘sleep’ didn’t exist, our Zoom session can’t accommodate those many! We survived because of that thief called ‘sleep.’ Therefore, Prophet Muhammad said, “One must be extremely careful about these two thieves.” How great he was!

These Yogishwaras have acquired infinite wisdom. They keep warning us in matters of wisdom. So, that we will not be at loss. Hence, we must sincerely try to put into practice what such ones have taught.

Prophet Muhammad taught wisdom through the Quran in the Muslim countries of the African continent. Similarly, Jesus Christ spread the same message of wisdom through the Bible in Western countries. Lord Krishna gave his teachings in India through the Bhagavad Gita, and Buddha imparted his teachings to the Buddhists. Each of them taught in their respective regions.

But the ignorant fail to understand this and say, “They belong to another religion; they have nothing to do with us!” In truth, whoever it may be, they all speak the same truth: “Remove ignorance and acquire wisdom.” Therefore, we must be especially cautious about these two thieves mentioned by Prophet Muhammad.

That’s why Patriji said, “Eat sattvic food. Avoid meat, eggs, and garlic. If you eat them, you will lose your wealth of wisdom, the wisdom you have acquired will be gone. Eat moderately! Be very careful in the matter of food.”

Likewise, he also said, “Eat lightly at night and wake up early in the morning. Dedicate your morning hours to meditation and acquiring wisdom. Even sleep should be moderate.”

But some people can’t wake up unless they sleep for many hours. Tell me, How will they meditate? How will they acquire wisdom? They can’t achieve any benefits at all. See, when someone steals another’s money, what happens to him? Likewise, think about the condition of one who loses his wealth of wisdom! Because if a person fails to acquire wisdom due to these two thieves, “day thief” and “night thief”, he remains in ignorance, suffers and lives his whole life without peace.

Therefore, remember: One must be extremely careful about these two thieves! Once, I gave a class in Karnataka. While explaining a book titled “How to Improve Financial Status,” I asked, “How many of you want to earn money?” Everyone raised their hands. I laughed and thought, “Ah! So everyone wants money!”

Later, I spoke about another book, “Die Before Death.” I asked, “Do you wish to know what happens to you after death?” They said, “Yes! We want to know.” I replied, “Then I’ll tell you after lunch,” and I said it after lunch.

I said, “You may earn crores, run as many businesses as you like, and possess as much wealth as you wish but when you die, you must leave it all! Not a single thing will come with you. Not your buildings, not your cars, not your luxuries, not your lands! Even if you have crores in your bank accounts and heaps of gold, you will have to leave everything!”

“Everyone comes into this world with nothing and leaves with nothing. Whatever you possess and acquire, not a single thing will come with you. When that time comes, two helpers come down from the higher worlds to take you.”

“What they do is, those who have committed sins on this earth are taken to hell. Those who have done good deeds are taken to heaven where there are pleasures and enjoyments. But those who have acquired the wealth of wisdom on this earth are taken to the highest worlds (Urdhva Lokas). Such ones become great.”

That day in the class, a wealthy man was sitting beside me. I asked him, “Sir, you have earned so much. When you die, will you be able to take anything with you?” He said, “Nothing.” Then I asked, “So when you die, what will benefit you?” He replied and agreed, “Only wisdom benefits me.”

I asked, “Then have you acquired any such wisdom so far?” He said, “No, not yet.” I questioned, “Then why are you struggling so much? What do you wish to achieve?” At that moment, everyone understood the truth. Then I asked again, “Now tell me, how many of you still want money?” No one raised their hand.

Therefore, know the greatness of the wealth of wisdom. Never give an opportunity for anyone to steal it.

That’s why Prophet Muhammad warned, “Be very careful about these two thieves.”

Another Yogishwara

“Human beings are in such a state that their imaginations are in the sky while their hands are still on the ground!” Therefore he said, **“Reduce imagination, increase action.”**

If we observe carefully, the behaviour of ordinary people, those without wisdom or proper understanding may be normal. But if someone is doing so much meditation, knowing so many things, learning so many, yet their behaviour remains the same, then it must be thought about!

That’s why this point is very important. So, we are discussing it. Its deeper meaning is, we are discussing all things but putting it into practice is missing! We are learning and writing down great things, but there is no implementation.

Earlier, we discussed that **“only the messages that were put into practice influence a listener.”** Therefore, we must try to practice what we preach.

Every person has an Inner soul, that Inner soul is none other than God. He is observing your thoughts, hearing your words and knowing your actions. Never think, “He doesn’t know.”

If your behaviour is indifferent, how will He be pleased? How will He support you? If you want His support, you must behave in a way that pleases Him. But words fly high like castles in the sky, while their actions don’t move from the ground. How is it possible when your words are in the sky and your actions are on the earth?

How can the Inner soul agree to that? Let me share an incident from my life. Before I came into this path, before meeting Patriji, I was doing business. My ambition and concern then were all about earning money! I only used to see how much I was earning? But never thought about how I was earning it?

“I used to feel happy thinking, ‘This year, my income has increased by a few lakhs compared to last year!’ Out of that, I would donate a few thousand rupees to some service activities.

I was earning lakhs through massive corruption and using only a tiny portion for charity. Like offering a speck (pinch) of service from a mountain of sin and still felt great about it! Look, if you commit a mountain of sin and perform a tiny bit of virtue, are you gaining or losing? Obviously, you are losing, right?

It was around that time that I came into contact with Patriji. Somehow, his messages and teachings deeply attracted me. So, I began to meditate as he taught and even started travelling from village to village to share about this meditation with everyone.

While conducting classes in different villages, I would teach all the morals and dharmic principles I had learned from Patriji. I felt proud while speaking about them. But later, when I sat back in my business, my actions, words, and thoughts were completely different from what I was preaching! There, I was telling one thing; on the other, in my business, dealings and speech were contrary to them. From deep within, my inner soul began to question me: ‘What are you saying? What are you actually doing here? Have you even noticed the contradiction?’ I also grasped it like a warning from the inner soul. There was also a discomfort within. Eventually,

I understood that it was the turmoil of the soul. That turmoil gradually grew louder.”

In business, in whichever way you look at it, it is unrighteous, injustice, corrupt and illegal. I used to manufacture soft drinks. Even in that, I used all my cleverness and would carry out many deceptions.

If properly prepared they would last for three months, but they would get damaged within a month. If many people bought and drank those, wouldn't it be harmful? Wouldn't we experience the consequences of that sin?

In the end the Food Department took samples and filed a case. Food cases are very serious. They can lead to arrests and three to six-months imprisonment. Look at my tension: A respected man who had earned crores! What would my situation be like if I were arrested and imprisoned?

The inner turmoil and suffering I felt then is impossible to describe. The case went on for six to eight months. For every adjournment I had to go and sit in court; I would go in the morning and come out in the evening. I felt, “They shouldn't arrest me, this punishment is too harsh,” Then I thought, “This is the result of what I did.”

Then we arranged for a re-analysis through the courts. We spent money and got a Delhi lab report saying the sample was correct, and the case was quashed. After that I decided, “Never again go into food products and not to run such businesses.”

Similarly, in the finance business, when people didn't pay their dues I used rowdies to harass them and collect money. We

cannot collect if we are honest and righteous. I ran all my businesses using all my cleverness. The moment I met Patriji and came to know that all this is unrighteous and immediately stopped all the businesses.

The money I have is enough for me to live! I asked myself, “Why should I have greed? For whom?” I have known many things in life. What I earned through unrighteous means will be enjoyed by my family, but the sins committed to earn it will come along with me. Then I have known: Is this wealth for accumulating sin?

I again thought, “Am I accumulating wealth or sin?” But I understood that I am accumulating sin. From then onwards, I completely changed my life. I decided that earning should always be righteous, and thought, “Let me live within what I have.”

At that time, a person who worked for me lived with a salary of only five thousand rupees. I thought, “If he can live with that, can’t I live even after lakhs?” Then I was happy to find a Guru like Patriji. He gave extraordinary messages.

I understood all those messages, began to practice them in my life, and started sharing them with others. Earlier, no matter how much I earned, there was no peace. But now, I am living peacefully and joyfully even without income.

Before, me and my wife used to quarrel often. We loved each other, yet we quarreled. We would even turn away faces from each other for one or two days. But now, we live in great harmony, supporting each other in everything. Why did this change happen? Because of living righteously and earning righteously.

Now tell me, are we lacking in anything? In what matters are we less? We are able to do every work that we wish to do, we may not be living in luxury, but we are doing every act of service we wish to do.

Therefore, the messages given by Yogishwaras are not ordinary. Remember this: “Your imaginations should not remain in the sky while your actions stay on the ground.” Let your actions rise to the sky and reduce your imaginations.” It means, reduce imagination, increase action! said the Yogishwaras.

Do what the Yogis teach. Hesitate to speak what you don’t put into practice. Or at least, after saying something, try to put it into practice. Don’t speak just like that. Never forget that the soul within is observing everything.

You may think, “No one knows the messages I give,” but don’t forget, “Your inner soul knows.” Follow the inner soul. Practice intense meditation for that and put the messages of the Yogis into practice.

“Reduce imaginations, increase the actions.”

To watch Tatavarthy's zoom sessions:

a) Silence meditation from **4 am to 6.30 am** followed by messages related to soul-knowledge from **6.30 am to 7.30 am**

Zoom ID: **2413823868** Password: **RAO**

b) The above-mentioned Zoom session will also be livestreamed on **YouTube** from **6.30am to 7.30am**.

c) Those who are in the TVR & TRL WhatsApp group will receive Zoom and YouTube links, along with details about the Tatavarthy's classes. They must save Sindhura's phone number: **8555995217**

d) Those who wish to join the Tatavarthy's WhatsApp group can contact Sindhura: 8555995217, Madhu: 7893917364 or visit www.tst.org.in and click on the "Join WhatsApp Group" link.

Programs by the Tatavarthy's that will be broadcasted on YouTube:

a) Channel name: **Tatavarthy Veera Raghava Rao**

This channel has 2,000+ videos featuring messages from Mr and Mrs Tatavarthy.

b) PMC has also launched a YouTube channel for Brahmarshi Tatavarthy Veera Raghava Rao.

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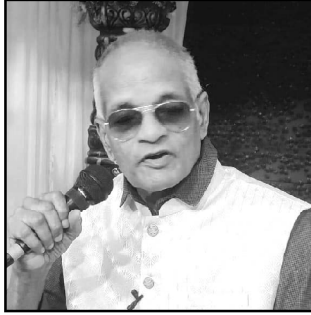
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"Those who neglect their soul are 'soul-murderers' (atma-hanthakas)."

'Suicide' means when a person destroys their own body, making it impossible for their soul to stay in it. This is called 'suicide'.

A soul-murderer is one who, even throughout their life, never cares about the soul, one who does nothing for the soul, for the soul's benefits and neglects it completely.

"Be satisfied in acquiring wealth, but never be satisfied in acquiring wisdom." The main reason for this is, understand that this body is not you; you are the soul. Know that if you do not do what benefits the soul during your lifetime, you become a 'soul-murderer'. Never cause loss and turmoil to the soul.

- Brahmarshi Tatavarthy Veera Raghava Rao

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